

GOOD MORNING & WELCOME

Welcome to everyone joining us for worship this morning. Whether or not you consider yourselves members of this congregation, we are glad you are here. If the flow of worship should seem unfamiliar to you, relax and let God's presence envelop you, without a worry about when to stand, sit or kneel. If you are new to St. John's, please sign our guest register.

The Rev. Nathan Carr – Vicar
The Rev. William Font – Priest Associate
The Rev. Lisa Chronister – Deacon
Cynthia Cortright D.M.A. – Organist / Choir Director
Daisy Leyva-Lara – Children's Coordinator
Victoria Moon – Nursery Attendant

Serving Today:
Cantor – Doug Rogez
Greeters / Oblationers – Babette and Sir Patton
Lay Readers / Chalice Bearers – Rosemary Rodgers,
Priscilla Pierce and Pat Greaves
Acolytes – Esther Carr, Ezra Carr,
Olive Kate Carr and Kaden Watson
Live Streaming – Stuart Chai and Mark Anderson
Children's Activities – Victoria Moon

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Office Hours: Tuesday through Friday 9:00 a.m. to 3:00 p.m. or by appointment

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The Fourth Sunday after the Epiphany – Year B

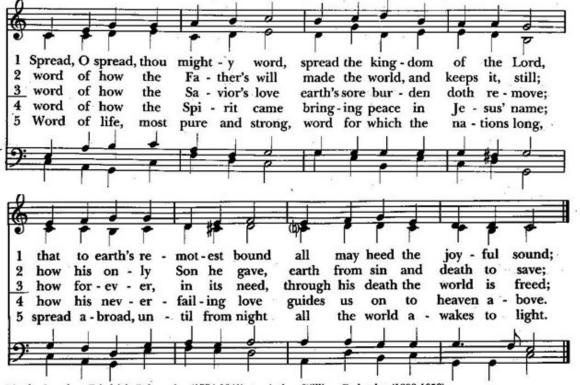
Rite I - Holy Eucharist - January 28, 2024 - 10:15 AM

The Word of God

Prelude

The Hymnal, #530

The Church's Mission



Words: Jonathan Friedrich Bahnmaier (1774-1841); tr. Arthur William Farlander (1898-1952)

and Charles Winfred Douglas (1867-1944), alt. St. 4, F. Bland Tucker (1895-1984)

Music: Gott sei Dank, melody from Geistreiches Gesangbuch, 1704;
adapt. and harm. William Henry Havergal (1793-1870)

77. 77

Celebrant Blessed be God: Father, Son, and Holy Spirit.

People And blessed be his kingdom, now and for ever. Amen.

Celebrant Almighty God, unto whom all hearts are open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that he may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord.

Amen.

Summary of the Law

Hear what our Lord Jesus Christ saith:

Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind. This is the first and great commandment. And the second is like unto it: Thou shalt love thy neighbor as thyself. On these two commandments hang all the Law and the Prophets.

Kyrie The Hymnal, S91

Lord, have mercy upon us. (3X) Christ have mercy upon us. (3X) Lord, have mercy upon us. (3X)

Gloria The Hymnal, S204

Glory be to God on high, and on earth peace, good will towards men.

We praise thee, we bless thee, we worship thee, we glorify thee, we give thanks to thee for thy great glory,

O Lord God, heavenly King, God the Father Almighty.

O Lord, the only-begotten Son, Jesus Christ; O Lord God, Lamb of God, Son of the Father, that takest away the sins of the world, have mercy upon us.

Thou that takest away the sins of the world, receive our prayer.

Thou that sittest at the right hand of God the Father, have mercy upon us.

For thou only art holy; thou only art the Lord; thou only, O Christ, with the Holy Ghost, art most high in the glory of God the Father. Amen.

Celebrant The Lord be with you. **People** And with thy spirit.

Celebrant Let us pray.

Collect of the Day

Almighty and everlasting God, you govern all things both in heaven and on earth: Mercifully hear the supplications of your people, and in our time grant us your peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

We Proclaim and Respond to the Word of God

The First Lesson Deuteronomy 18:15-20

Moses said: The Lord your God will raise up for you a prophet like me from among your own people; you shall heed such a prophet. This is what you requested of the Lord your God at Horeb on the day of the assembly when you said: "If I hear the voice of the Lord my God any more, or ever again see this great fire, I will die." Then the Lord replied to me: "They are right in what they have said. I will raise up for them a prophet like you from among their own people; I will put my words in the mouth of the prophet, who shall

speak to them everything that I command. Anyone who does not heed the words that the prophet shall speak in my name, I myself will hold accountable. But any prophet who speaks in the name of other gods, or who presumes to speak in my name a word that I have not commanded the prophet to speak—that prophet shall die."

The Word of the Lord.

People Thanks be to God.

Psalm 111 Confitebor tibi

1 Hallelujah!

I will give thanks to the Lord with my whole **heart**, * in the assembly of the upright, in the congre**gation**.

- 2 Great are the deeds of the **Lord!** * they are studied by all who de**light** in them.
- 3 His work is full of majesty and **splendor**, * and his righteousness endures for **ever**.
- 4 He makes his marvelous works to be re**membered**; * the Lord is gracious and full of compassion.
- 5 He gives food to those who **fear** him; * he is ever mindful of his **covenant**.
- 6 He has shown his people the power of his **works** * in giving them the lands of the **nations**.
- 7 The works of his hands are faithfulness and **justice**; * all his commandments are **sure**.
- 8 They stand fast for ever and **ever**, * because they are done in truth and **equity**.
- 9 He sent redemption to his people; he commanded his covenant for ever; * holy and awesome is his Name.
- 10 The fear of the Lord is the beginning of **wisdom**; * those who act accordingly have a good understanding; his praise endures for **ever**.

The Second Lesson 1 Corinthians 8:1-13

Now concerning food sacrificed to idols: we know that "all of us possess knowledge." Knowledge puffs up, but love builds up. Anyone who claims to know something does not yet have the necessary knowledge; but anyone who loves God is known by him.

Hence, as to the eating of food offered to idols, we know that "no idol in the world really exists," and that "there is no God but one." Indeed, even though there may be so-called gods in heaven or on earth—as in fact there are many gods and many lords— yet for us there is one God, the Father, from whom are all things and for whom we exist, and one Lord, Jesus Christ, through whom are all things and through whom we exist.

It is not everyone, however, who has this knowledge. Since some have become so accustomed to idols until now, they still think of the food they eat as food offered to an idol; and their conscience, being weak, is defiled. "Food will not bring us close to God." We are no worse off if we do not eat, and no better off if we do. But take care that this liberty of yours does not somehow become a stumbling block to the weak. For if others see you, who possess knowledge, eating in the temple of an idol, might they not, since their conscience is weak, be encouraged to the point of eating food sacrificed to idols? So by your knowledge those weak believers for whom Christ died are destroyed. But when you thus sin against members of your family, and wound their conscience when it is weak, you sin against Christ. Therefore, if food is a cause of their falling, I will never eat meat, so that I may not cause one of them to fall.

The Word of the Lord.

People Thanks be to God.

The Sequence Hymn

The Hymnal, #490

1 I want to walk as a child of the light.
I want to follow Jesus.
God set the stars to give light to the world.
The star of my life is Jesus. [Refrain]

2 I want to see the brightness of God. I want to look at Jesus. Clear sun of righteousness, shine on my path, and show me the way to the Father. [Refrain] 3 I'm looking for the coming of Christ.
I want to be with Jesus.
When we have run with patience the race, we shall know the joy of Jesus. [Refrain]

Refrain:

In him there is no darkness at all.
The night and the day are both alike.
The Lamb is the light of the city of God.
Shine in my heart, Lord Jesus.

The Holy Gospel of our Lord Jesus Christ according to Mark

People Glory be to thee, O Lord.

The Holy Gospel Mark 1:21-28

Jesus and his disciples went to Capernaum; and when the sabbath came, he entered the synagogue and taught. They were astounded at his teaching, for he taught them as one having authority, and not as the scribes. Just then there was in their synagogue a man with an unclean spirit, and he cried out, "What have you to do with us, Jesus of Nazareth? Have you come to destroy us? I know who you are, the Holy One of God." But Jesus rebuked him, saying, "Be silent, and come out of him!" And the unclean spirit, convulsing him and crying with a loud voice, came out of him. They were all amazed, and they kept on asking one another, "What is this? A new teaching—with authority! He commands even the unclean spirits, and they obey him." At once his fame began to spread throughout the surrounding region of Galilee.

The Gospel of the Lord.

People Praise be to thee, O Christ.

Sermon The Rev. Nathan Carr

The Nicene Creed BCP 327

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen; We believe in one Lord, Jesus Christ, the only Son of God. eternally begotten of the Father, God of God, Light of Light, true God from true God, begotten, not made, of one being with the Father. Through him all things were made; For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man; For our sake he was crucified under Pontius Pilate; he suffered and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven. and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen

The Prayers of the People

Form I BCP 383

With all our heart and with all our mind, let us pray to the Lord, saying "Lord, have mercy."

For the peace from above, for the loving-kindness of God, and for the salvation of our souls, let us pray to the Lord. Lord, have mercy.

For the peace of the world, for the welfare of the Holy Church of God, and for the unity of all peoples, let us pray to the Lord. *Lord, have mercy.*

For Poulson our Bishop, and for all the clergy and people, let us pray to the Lord.

Lord, have mercy.

For Joe our President, for the leaders of the nations, and for all in authority, let us pray to the Lord.

Lord, have mercy.

For Oklahoma City, for every city and community, and for those who live in them, let us pray to the Lord.

Lord, have mercy.

For the good earth which God has given us, and for the wisdom and will to conserve it, let us pray to the Lord.

Lord, have mercy.

For those who travel on land, on water, or in the air, let us pray to the Lord.

Lord, have mercy.

For the aged and infirm, for the widowed and orphans, and for the sick and the suffering, let us pray to the Lord.

Lord, have mercy.

For those on our prayer list, let us pray to the Lord.

Lord, have mercy.

For the poor and the oppressed, for the unemployed and the destitute, for prisoners and captives, and for all who remember and care for them, let us pray to the Lord.

Lord, have mercy.

For all who have died in the hope of the resurrection, and for all the departed, let us pray to the Lord.

Lord, have mercy.

For deliverance from all danger, violence, oppression, and degradation, let us pray to the Lord.

Lord, have mercy.

That we may end our lives in faith and hope, without suffering and without reproach, let us pray to the Lord.

Lord, have mercy.

Defend us, deliver us, and in thy compassion protect us, O Lord, by thy grace.

Lord, have mercy.

In the communion of the Blessed Virgin and of all the saints, let us commend ourselves, and one another, and all our life, to Christ our God.

To thee, O Lord our God.

Silence

The People may add their own petitions

The Celebrant adds a concluding Collect

We Confess our Sins and Exchange the Peace

The Celebrant or Deacon says

Ye who do truly and earnestly repent you of your sins, and are in love and charity with your neighbors, and intend to lead a new life, following the commandments of God, and walking from henceforth in his holy ways: Draw near with faith, and make your humble confession to Almighty God, devoutly kneeling.

Most merciful God,
we confess that we have sinned against thee
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved thee with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of thy Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in thy will,
and walk in thy ways,
to the glory of thy Name. Amen.

Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all those who with hearty repentance and true faith turn unto him, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and bring you to everlasting life; through Jesus Christ our Lord. **Amen.**

The Celebrant may add sentences from scripture

Please stand

Celebrant The peace of the Lord be always with you.

People And with thy spirit.

Announcements

Birthday and Anniversary Blessings

Blessing Prayer

O God, our times are in your hand: look with favor, we pray, on all those celebrating birthdays and anniversaries. Grant that they may grow in wisdom and grace; strengthen their trust in your

goodness, and in their hearts may your peace, which passes understanding, abide all the days of their lives, through Jesus Christ our Lord. Amen.

Offertory

Celebrant: All things come of thee, O Lord.

People: And of thine own have we given thee.

Offertory Anthem The Eyes of All Wait Upon Thee Jean Berger

St. John's Choir

The eyes of all wait upon thee; and thou givest them their meat in due season.

Thou openest thine hand, and satisfiest the desire of every living thing.

Doxology The Hymnal, #380 (verse 3)

The Great Thanksgiving

Eucharistic Prayer I BCP 333

Celebrant The Lord be with you. **People** And with thy spirit.

Celebrant Lift up your hearts.

People We lift them up unto the Lord.
Celebrant Let us give thanks unto our Lord God.

People It is meet and right so to do.

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God.

Here a Proper Preface is sung or said

Therefore, with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

Sanctus The Hymnal, #S114

Holy, holy Lord God of Hosts:
Heaven and earth are full of your glory.
Glory be to thee, O Lord Most High.
Blessed is he who cometh in the name of the Lord.
Hosanna in the highest.

The people kneel or stand.

Then the Celebrant continues

All glory be to thee, Almighty God, our heavenly Father, for that thou, of thy tender mercy, didst give thine only Son Jesus Christ to suffer death upon the cross for our redemption; who made there, by his one oblation of himself once offered, a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death and sacrifice, until his coming again.

For in the night in which he was betrayed, he took bread; and when he had given thanks, he brake it, and gave it to his disciples, saying "Take, eat, this is my Body, which is given for you. Do this in remembrance of me."

Likewise, after supper, he took the cup; and when he had given thanks, he gave it to them, saying, "Drink ye all of this; for this is my Blood of the New Testament, which is shed for you, and for many, for the remission of sins. Do this, as oft as ye shall drink it, in remembrance of me."

Wherefore, O Lord and heavenly Father, according to the institution of thy dearly beloved Son our Savior Jesus Christ, we, thy humble servants, do celebrate and make here before thy divine Majesty, with these thy holy gifts, which we now offer unto thee, the memorial thy Son hath commanded us to make; having in remembrance his blessed passion and precious death, his mighty resurrection and glorious ascension; rendering unto thee most hearty thanks for the innumerable benefits procured unto us by the same.

And we most humbly beseech thee, O merciful Father, to hear us; and, of thy almighty goodness, vouchsafe to bless and sanctify, with thy Word and Holy Spirit, these thy gifts and creatures of bread and wine; that we, receiving them according to thy Son our Savior Jesus Christ's holy institution in remembrance of his death and passion, may be partakers of his most blessed Body and Blood.

And we earnestly desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving; most humbly beseeching thee to grant that, by the merits and death of thy Son Jesus Christ, and through faith in his blood, we, and all thy whole Church, may obtain remission of our sins, and all other benefits of his passion.

And here we offer and present unto thee, O Lord, our selves, our souls and bodies, to be a reasonable, holy, and living sacrifice unto thee; humbly beseeching thee that we, and all others who shall be partakers of this Holy Communion, may worthily receive the most precious Body and Blood of thy Son Jesus Christ, be filled with thy grace and heavenly benediction, and made one body withhim, that he may dwell in us, and we in him.

And although we are unworthy, through our manifold sins, to offer unto thee any sacrifice, yet we beseech thee to accept this our bounden duty and service, not weighing our merits, but pardoning our offenses, through Jesus Christ our Lord;

By whom, and with whom, in the unity of the Holy Ghost, all honor and glory be unto thee, O Father Almighty, world without end. Amen.

And now, as our Savior Christ has taught us, we are bold to say,

Our Father, who art in heaven,

hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom, and the power, and the glory for ever and ever. Amen.

The Breaking of the Bread

Alleluia. Christ our Passover is sacrificed for us; Therefore, let us keep the feast. Alleluia.

Agnus Dei The Hymnal, S158

O Lamb of God, that takest away the sins of the world, have mercy upon us.

O Lamb of God, that takest away the sins of the world, have mercy upon us.

O Lamb of God, that takest away the sins of the world, grant us thy peace.

Prayer of Humble Access

BCP 337

We do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord whose property is always to have mercy. Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, and he in us. Amen.

We Share the Gifts of God

Holy Communion

Communion Hymn

The Hymnal, #339



Words: Johann Franck (1618-1677); tr. Catherine Winkworth (1827-1878), alt. Music: Schmücke dich, melody Johann Cruger (1598-1662); harm. The English Hymnal, 1906

LMD

Let us pray.

Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honor and glory, world without end. Amen.

The peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God Almighty, the Father, the Son, and the Holy Ghost, be amongst you, and remain with you always. **Amen.**

Sending Out of the Lay Eucharist Visitors

Celebrant or Deacon: In the name of this congregation, I send you forth bearing these holy gifts that

those to whom you go may share with us in the communion of Christ's body and

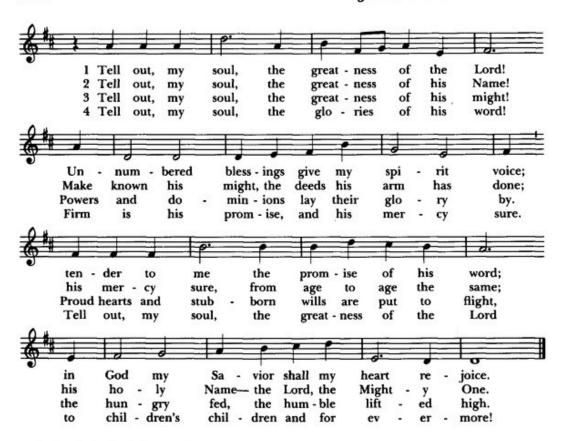
blood.

People: We who are many are one body, because we all share one bread and one

cup.



Jesus Christ our Lord



Words: Timothy Dudley-Smith (b. 1926); based on The Song of Mary

Music: Woodlands, Walter Greatorex (1877-1949)

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Dismissal Response: Thanks be to God!

Postlude

PRAYER REQUESTS

Please hold these souls in your ongoing prayers:

Monte Pratt Audrey Nancy Jones **Beverly Bradley** Judd Mathew Reynolds Kathleen Rhodes Bob Karl Drew Kolb Braiden Rob. Ruthie and Sarah Brewer Sarah Kramer Samuel Jean Ledet & Chad Adrienne Robertson Margaret Brown Lewis Honor Carr Dixon Sahar Nancy Carr Gary and Kathleen Lee Scott Salladin Jeff Clemens Denys Lenets Seth Kathie Clemens Kara Lynn **Betty Sinclair** Dave Coleson Ron Marlett Family of Kenneth Sue Collins Tony Marruchella Sosna Sir Michael Dawson John Steward and Mary Stephanie Dunham Leland Mayo Lee DeWitt Dru Betty & Delbert Millican Martha Steward Ed and Ryan Lightfoot Nancy Steward Sharon Ellington Trish Morgan Susan Jean and John Freeman Christina Morris Sydney and Troy Agatha Gasperoni Paul Mosier Ed Tebow Myrna Gowman Deborah Nelson Sarah Tracy John Greiner Joy Nelson Tyler and Dru Steve Hammontree Pam Donna Walters Babette Patton Aimee Hanneman Mary Jo Watson Kimberly Hopper Patty Pat Westervelt Gordon Welch Dr. J Penny Jack Peter Will Jessica Bob and Ginny Wynn

Altar Gifts

Today's flowers and candle given by John and Jean Freeman in loving memory of our son, John III.

Birthdays This Week

28 Lauren Grissom Kilbourn 28 Ian Carr 29 Ron Marlett 31 Charles E Baxendale

<u>February</u>

3 Jan Dyer

Anniversaries

25 Paul and Terry Dolese

<u>Announcements</u>

We are so very grateful to the Grisson family for the new, solar-reflective windows throughout the Nave in and new carpeting to be installed this coming week. These amazing gifts are given in honor of Jim Grissom. What a beautiful update for our Nave and Narthex. Thank you to Julie and Michael Grissom for all you do for St John's Church.

Mark Your Calendar – February 4 is Acolyte Sunday, followed by a second St. John's Gathering at Johnnies Grille. If you missed our first gathering at Johnnies last fall, you won't want to miss this. We have reserved the big room at the Britton Rd. location. Just come on through the line and join us in the back room where we can make all the noise we want (don't tell the kids!). It will also be a fun way to celebrate our acolytes.

On Tuesday, February 13, we will mark Shrove Tuesday with a rice and bean potluck supper. Mark your calendars for 6:30 pm. Information on what to bring for the meal is forthcoming. The Ash Wednesday Eucharist will be at 7:00 on February 14.

Young Families: Last year's distribution of handmade Valentines to homebound and widowed parishioners was a huge success. Let's do it again! We will meet this year on Saturday, Feb 10, at the Bornman residence to continue this joyful project in the new year.

As you probably noticed, due to the ice on Monday, the carpet wasn't installed this past week as planned. The carpet is now scheduled to be installed starting Monday, Jan 29 through Saturday, Feb 3. We appreciate your patience and regret any inconvenience this has caused to you or the ministries that support our Sunday services. Thank you for you patience and understanding.

THE OFFICE WILL BE CLOSED FOR ALL INTENTS AND PURPOSES FROM 1/4/2024 TO REOPEN 2/6/24

If you have spiritual matters that need attention, please contact Fr. Nate at ndcarr@email.com

For facility maintenance matters, please contact J Michael Grissom by text at 405-414-7585